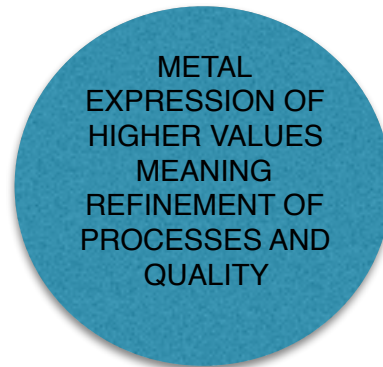


Contemplate the 5 Motivating Elements, and see if you have an affinity for a particular Element.



In conversation with your partner, rank the areas with the causes of your negative feelings and your motivating story.

Water _____
Wood _____
Fire _____
Earth _____
Metal _____

Now that you have the area you want to experience more intensely and/or in a more consistent basis in your work together, craft a vision. Tell me a story of how this would play out in the future. If you have a fun group, you can try acting out these stories!

Describe or draw it here

Finally, looking back at your vision, think of one specific action, modification, of an existing structure that could make your need more consistent and more real.

The request needs to be:

Action Specific: Describe exactly what actions and/or behaviors you would like to see and which ones you would like not to see.

Time Specific: when will this behavior or action occur. Does it happen every Monday? Or does it happen whenever a previous action has happened? Also, be specific about length.

Examples: I would like the team to send, every Monday, a group email of no more than two lines saying what you have accomplished this week, what are you working on, and what are you planning on doing next. Or, if you have not been able to do any work, just saying that and the reason.

I would like the team to create a space of 20 min every two weeks in our general meeting, where we can explore new ideas and directions. During that time I would like to have no judgment on whether the ideas are feasible or possible, or good ideas overall. Instead, when someone shares an idea, I would like everyone to acknowledge it and leave it in the board for later consideration.